

# Spastic Paralysis Research Foundation



**Our District Goal:**  
**\$40,000**

## Spastics in a Nutshell

Spastic paralysis is a symptom of many common diseases that harm the central nervous system. The Kiwanis-run Spastic Paralysis Research Foundation (SPRF) is our district project. SPRF grants money to researchers in the Illinois-Eastern Iowa area that are exploring those diseases. Those researchers use our money as a seed to apply for larger grants. SPRF also supports the Penguin Project and Camp Independence, which benefit children living with disabilities. SPRF has an immediate, local impact as well as a long lasting benefit through research. Of course, this is all to improve the lives of people living with spastic paralysis.

## Questions? Email Us!

### District Project Chair

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### Committee Members

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## District Fundraisers

At DCON we will be hosting our annual Run/Walk. Registration is \$20 and includes a t-shirt. On Saturday, there will be a Spastics Luncheon, where our committee will be selling carnations, happy grams, and bracelets, with all proceeds benefiting SPRF. We will also be holding a raffle for an iPad Mini. Contact your Lt. Governor for raffle tickets - only \$5!

## Other Ways to Support

Circle-K will be hosting its annual Holiday Embrace on January 4<sup>th</sup> in Naperville, IL. All proceeds will go towards Spastics. This Harry Potter-themed dinner/dance promises to be a lovely time. Register or learn more here: <http://us.ootoweb.com/2014ckihe>

Many Kiwanis clubs hold Bowl-a-thons this time of year. Get in touch with your local Kiwanis to learn what they do to support SPRF and how you can help them.

